

30 THINGS YOU SHOULD KNOW ABOUT THE 30-YEAR-OLD RPSGT CREDENTIAL

1. 2009 is the 30th Anniversary of the RPSGT credential.
2. The Board of Registered Polysomnographic Technologists (BRPT) is the nonprofit entity that administers the exam.
3. Check it out! There's a brand new section of the BRPT website called Life as an RPSGT. If you're an RPSGT, you can submit 100 words – and a photo, if you'd like – to tell your own story.
4. The very first person to become a registered polysomnographic technologist was Peter McGregor, RPSGT. McGregor is still active in the profession.
5. There were only eight sleep techs who took the first RPSGT exam at the State University of New York at Stony Brook in June 1979.
6. There are currently nearly 14,000 RPSGTs worldwide.
7. There are 200 multiple choice questions on the RPSGT exam.
8. It's free for RPSGTs to post a resume and look for jobs on the RPSGT Career Center, accessible from the home page of the BRPT website.
9. It's a JTA year for RPSGTs! "JTA" stands for Job Task Analysis, a study that is conducted every few years to determine the tasks performed on a day-to-day basis by a working sleep technologist. The JTA is important because, to maintain its value and relevancy to the field, the RPSGT exam must be continually updated to reflect current and best practices in sleep technology.
10. The RPSGT exam is offered more than 50 days of the year. The testing windows are seasonal – winter, spring, summer, fall – during two-week testing windows at hundreds of Pearson VUE testing centers throughout the U.S. and internationally.
11. The BRPT Symposium is an annual forum in the fall for RPSGTs only. The 2009 BRPT Symposium will be held at the Hyatt Regency in beautiful, historic Savannah, Georgia September 17-21. The 2009 Symposium will include a special celebration of BRPT's 30th Anniversary.
12. All questions on the RPSGT exam are multiple choice. The exam must be completed within four hours.
13. The BRPT executive offices are located in McLean, Virginia, about 10 miles from the White House in Washington, D.C.
14. There are 3 pathways to eligibility to sit for the RPSGT exam:
 - Applicants have 18 months of on-the-job experience
 - Applicants are credentialed in a related field and have 6 months of on-the-job experience
 - Applicants have graduated from a CAAHEP-accredited program. This pertains to all CAAHEP-accredited programs whether stand-alone or attached to a program in respiratory or electroneurodiagnostics.
15. All RPSGTs must recertify every 5 years in order to maintain their credential. To recertify, RPSGTs must earn 50 continuing education credits over five years, OR, retake and pass the RPSGT exam. (RPSGTs can learn more about the starting date of their 5-year recertification cycle on the BRPT website.)
16. One of the most common mistakes applicants for the

RPSGT exam make is forgetting to put their name on the application! Read more in the Insider's Guide to Applying for the RPSGT Exam available on the BRPT website.

17. According to the BRPT 2007 Survey of RPSGTs and Sleep Techs, 91% of respondents are satisfied with the RPSGT credential.
18. There are RPSGTs in more 30 countries.
19. Beginning July 1, 2010, in order to take the RPSGT exam all applicants will need to have graduated from a CAAHEP program in polysomnography or a respiratory or neurodiagnostic program with a PSG add-on.
20. Have you accessed the BRPT Registry to find an RPSGT? Many HR folks and employers use the searchable registry to confirm credential status of registered sleep technologists.
21. What are the heaviest web traffic days of the year for the BRPT website? The four days a year when lists of newly-credentialed RPSGTs are released, of course!
22. The President of the BRPT is Becky

Appenzeller, RPSGT, R. EEG T., CNIM. 2009 is her second – and final – year in the position. President-elect Janice East, RPSGT, R. EEG T., becomes President in January 2010.

23. All twelve BRPT Board members are volunteers - they receive no compensation and collectively log thousands of hours contributing time and expertise to the profession. Brief bios of all Board members can be found at www.brpt.org in the "About the BRPT" section (left menu).
24. Statistics show that candidates who purchase the RPSGT

Study Guide are more likely to pass the exam.

25. As an organization, the BRPT wants candidates to pass the RPSGT exam. There is currently broad demand for registered sleep techs and the BRPT works closely with other sleep organizations to encourage skilled professionals to enter --- and excel – in the field.
26. Veterans may be eligible to have the RPSGT exam fee covered by the U.S. Department of Veteran Affairs. Additional information is available on the BRPT website.
27. Planning to go to SLEEP 2009 in Seattle? You're invited to a special 30th Anniversary Celebration at the BRPT booth during the conference!
28. The National Sleep Foundation and BRPT worked together to produce a Patients' Guide to Sleep Evaluations. This free, downloadable pamphlet helps patients understand what to expect when having a sleep study.
29. More than 500 candidates for the RPSGT exam have downloaded BRPT's free, new on-demand webcast, Applying for the RPSGT Exam, since it was produced last fall. The webcast is available on the BRPT website – and soon on YouTube.com.
30. Visit the BRPT website at www.brpt.org to learn more!

