

# Alabama School of Sleep Medicine and Technology



*The Difference is Like Night and Day*

## WE LOVE WHAT WE DO, AND IT SHOWS

The Alabama School of Sleep Medicine and Technology offers truly unique instructional techniques with a mix of classroom and hands-on instruction in both technical and clinical subjects to create some of the most comprehensive sleep education available. We keep our class sizes very small, which gives our students more hands-on time with state-of-the-art ancillary and data acquisition equipment. This also gives our instructors more direct one-on-one student contact for better instruction of more difficult subjects.

We pride ourselves on our proprietary training materials, which include some of the best sleep tracings, multimedia, and training manuals in sleep disorders education. We also give the most current data available with each class and include references to support each presentation.

Our alumni have direct access to the Alabama School of Sleep Medicine and Technology Extranet, which houses our Document Library and other educational materials. The library contains specific documents on sleep medicine and technology education that you can download or print for your use.

The full sleep training experience includes a balance of classroom instruction and both clinical and technical hands-on instruction. Our pledge is to exceed the students' expectations and provide an unbiased and fulfilling educational experience covering all aspects of sleep medicine, sleep training, polysomnography training, sleep disorder education, and registry review.

[www.alsleep.com](http://www.alsleep.com)

### SCHOOL LOCATION

Our school is located in a seventeen-story office building inside one of the largest shopping malls in the southeastern United States and is 20 minutes from the Birmingham International Airport. Our students have several hotel options in the immediate vicinity of our facility. We have also negotiated discounted rates for our students with some of these hotels.

### COURSES OFFERED

- . Ten-Day Comprehensive Course
- . Eight-Day Comprehensive Course
- . Five-Day Comprehensive Course
- . Two-Day CPAP/BiLevel Titration Course
- . Three-Day Advanced PSG Course
- . Three-Day Exam Review Course
- . Two-Day Scoring Course
- . Web-Based Courses

3000 Riverchase Galleria, Suite 1155  
Birmingham, AL 35244

Toll-Free: 1.800.338.0757 Local: 1.205.985.0435

Fax: 1.205.985.9110